

# NORTH POINT

## About Northpoint....

Northpoint Wellbeing is a charity which provides a range of services to promote emotional wellbeing. We believe that timely access to appropriate support, particularly talking therapies, is an effective way of promoting emotional wellbeing and relieving mental distress, for people of all ages and backgrounds.

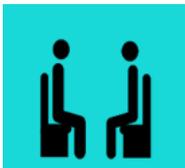
- **Our mission** is to improve access to a range of talking therapies, in a timely manner, for the whole population.
- **Our vision** is to provide therapeutic & preventative services that help people experiencing emotional distress to make changes in their life, to as wide a group of people as possible.
- **Our values** are to be client-focused, committed, responsive, and supportive.

We deliver services which help people to:

- better understand the issues they are experiencing
- consider choices and solutions open to them
- take steps towards making changes

Our services include:

- Leeds Mental Wellbeing Service – mental health support & therapy for adults
- Open Minds Calderdale - a Tier 2 CAMHS service for children & young people
- Mental Health Support Teams Calderdale – school-based emotional health support
- Leeds Mindmate Wellbeing Service – therapy for pupils and parents
- Counselling for parents/carers in children’s centres in disadvantaged areas of Leeds
- Support services for adults who have experienced sexual abuse as children
- Counselling for private clients and local employees



Therapeutic & preventative services for those experiencing emotional difficulties or distress in Leeds, Calderdale & surrounding areas.



5,300 people supported last year



INVESTORS  
IN PEOPLE

Revised December 2020



130 frontline staff, working in over 200 GP practices, health centres, schools, and children's centres in Leeds, Calderdale, York, and Doncaster



Motivated & committed colleagues – high levels of positive engagement with the charity's work



A diverse workforce (e.g. 15% of staff are from a BAME background), with initiatives in place to increase diversity and address inequalities & unconscious bias in the provision of our services.



High professional standards - accredited service of the British Association for Counselling & Psychotherapy, accredited with Investors in People since 2006.



A long-established and growing organisation with opportunities for professional development and specialisation.

More information about Northpoint, including our Annual Report & Accounts, can be found on the Charity Commission's website <https://www.gov.uk/government/organisations/charity-commission> or by following this [link](#).



INVESTORS  
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