



PERSON SPECIFICATION

Job title: Primary Care Mental Health Practitioner

Service: Leeds Mental Wellbeing Service

Essential	Desirable
Qualifications	
<p>A relevant qualification at NVQ Level 3 (e.g. NVQ Level 3 in Mental Health & Social Care) or equivalent (psychology graduate), and/or significant experience in mental health support work</p>	
Experience	
<p>At least two years’ experience of working in a mental health setting with clients presenting with multiple and complex issues</p> <p>Experience of undertaking specialist mental health and risk assessments and formulation</p> <p>Experience of delivering appropriate therapeutic, risk management and relapse prevention interventions in a time-limited manner</p> <p>Experience of managing own caseload and time to meet service targets</p>	<p>Relevant experience in Primary or Secondary Care mental health services</p> <p>Experience of working within a Third Sector organisation</p> <p>Experience of working in a service with agreed targets for outputs and clinical outcomes</p> <p>Experience of SystemOne/EMIS or similar IT system for outcome and case-management recording</p>
Skills & competencies	
<p>Ability to deliver a range of mental health support appropriate to the needs and capacities of the client group</p> <p>Can demonstrate sound clinical skills and ability to make clinical decisions, in line with professional standards, NICE guidelines and service protocols</p> <p>Can demonstrate sensitivity to the needs of disadvantaged groups in the planning and delivery of interventions and services</p>	<p>Ability to deliver support in community languages</p> <p>Ability to employ psychological formulation</p>

Essential	Desirable
<p>Ability to develop and sustain meaningful relationships with clients</p> <p>Ability to organise self, meet deadlines and work on own initiative within set parameters</p> <p>Ability to manage safeguarding issues safely and appropriately</p> <p>Ability to be self-reflective, while working with service users and in own personal and professional development, and to use supervision positively and effectively</p> <p>Ability to work with complex mental health issues</p> <p>Creative, flexible and imaginative approach to working with people with mental health problems</p> <p>Demonstrate a commitment to enabling and empowering clients to become actively involved in their own wellbeing</p> <p>Computer literate</p> <p>High standards in written communication, including ability to write clear records and letters to referrers</p> <p>Commitment to the principles of coproduction and supporting others to deliver according to these principles</p>	
Knowledge	
<p>An understanding of anxiety and depression and how it may present in Primary Care services</p> <p>An understanding of the work of Secondary Care mental health services and complex mental health presentations</p> <p>An understanding of the relationship between employment/unemployment and mental health problems</p> <p>Working knowledge of medication used in anxiety and depression and other common mental health problems</p>	<p>An understanding of the principles underlying the Stepped Care model of mental health treatment</p> <p>Knowledge of existing services within the area</p>

Training	
<p>Able to attend supervision training, and other training as the post develops</p> <p>Good record of Continuing Professional Development and willingness to continue this</p>	
Other requirements	
<p>High level of enthusiasm and motivation</p> <p>Ability to work independently and within a team and foster good working relationships</p> <p>Ability to work under pressure</p> <p>Regard for others and respect for individual rights of autonomy and confidentiality</p>	<p>Experience of working with diverse communities and within a multicultural setting</p>

Revised: April 2021