



About Northpoint Wellbeing

Northpoint Wellbeing Limited is a charitable provider of a range of services to promote emotional wellbeing. We believe that timely access to appropriate support, particularly talking therapies, is an effective way of promoting emotional wellbeing and relieving mental distress, for people of all ages and backgrounds.

- **Our mission** is to improve access to full range of talking therapies in a timely manner for the whole population.
- **Our vision** is to provide therapeutic & preventative services that help people experiencing emotional distress to make changes in their life, to as wide a group of people as possible.
- **Our values** are to be client-focused, committed, responsive, and supportive.

Northpoint Wellbeing currently provides over 31,000 face-to-face intervention hours annually, to adults and to children and young people, and engages 80+ sessional and employed staff. The organisation has significantly developed its therapeutic work with children and young people and now works in over 130 schools in Leeds.

We deliver therapeutic & preventative services for those experiencing emotional difficulties or distress in Leeds, Calderdale & surrounding areas. We provide a safe space in which disturbed or difficult emotions can be expressed, contained, and considered.

We deliver services which help people to:

- Better understand the issues they are experiencing
- Consider choices and solutions open to them
- Take steps towards making changes

Our services include:

- A Tier 2 CAMHS service in Calderdale
- A commissioned NHS IAPT (CBT and Counselling service) working in partnership with NHS Leeds Community Healthcare, Touchstone, and Community Links
- Counselling to parents/carers in children's centres in disadvantaged areas of Leeds
- Counselling for pupils and parents in selected schools and clusters across Leeds
- A group therapy service (through Leeds Group Therapy)

The organisation operates to high professional standards, is an accredited service of the British Association for Counselling and Psychotherapy and works to the ethical frameworks of BACP and BABCP.

The organisation has achieved Investors in People accreditation and is seen as seen a good employer. Staff turnover is low and staff satisfaction levels are high.

Further details of the organisation and its work can be found on our website at www.northpoint.org.uk/

About Northpoint's School Counselling Services

In recent years the organisation has significantly developed its school counselling services and is now commissioned by 16 'clusters' of schools across Leeds to provide therapeutic interventions to pupils and/or parents in around 150 schools.

Northpoint has played a significant part in the development of TAMHS (Targeted Mental Health in

Schools) in Leeds over recent years both by delivering a range of TAMHS funded services, and by contributing to the evidence base which has led to the continuation and expansion of funding for evidence based therapeutic interventions in schools.

More recently the charity has also been involved in new projects to support children and families who present to their GP with emotional health difficulties.

Northpoint are commissioned by the **Alwoodley, Roundhay and Moortown (A.R.M)** Cluster to provide a counselling service to the young people who attend the schools within the cluster.

Northpoint's school therapists are based within school clusters and take referrals from the schools. Therapists work under the day-to-day direction of school/cluster staff. They are employed and remotely line-managed by Northpoint's school services managers.

The post will largely focus on 1-1 work with children and young people and there may also be the possibility of group work with young people, and occasional training for staff.

About the A.R.M Cluster

The A.R.M Cluster includes the neighbourhoods of Alwoodley, Roundhay and Moortown and sits within the inner North East of Leeds.

The partnership comprises of 15 primary schools, 5 high schools (including one through school and 1 Academy) and 3 Children's Centres, with a total school population 4yrs – 19yrs of just less than 10,000 children and young people.

Cluster High Schools

Allerton Grange School, Roundhay All Through Education, Allerton High School, Cardinal Heenan RC High School and the Leeds Jewish Free School (LJFS).

Cluster Primary Schools

Moor Allerton Hall Primary, Moortown Primary, Gledhow Primary, Kerr Mackie Primary, Immaculate Heart RC Primary, Talbot Primary, Roundhay St. John's CE Primary, Allerton C of E Primary, Alwoodley Primary, Highfield Primary, St. Pauls RC Primary, St. Urbans RC Primary, Wigton Moor Primary, Brodetsky Primary and the Khalsa Science Academy.

Combined Children Centre Services of...

Moortown Children's Centre
Roundhay Children's Centre
Alwoodley Children's Centre

The A.R.M Cluster is managed through a Joint Collaborative Committee form of Governance with schools representation and partners from Police, CSWS, Youth Services, Attendance Service, and Children's Services, VCFS, Health and other partner organisations.

A.R.M Cluster provides a range of extended services to families whose children attend the schools within the cluster. The cluster has a management team, and a 'guidance and support' process which enables requests for support for children/families to be linked with the appropriate service. The appointed therapist will work closely with schools, the cluster team and other professionals to provide a co-ordinated package of support to children and young people.