



About Northpoint Wellbeing

Northpoint Wellbeing Limited is a charitable provider of a range of services to promote emotional wellbeing. We believe that timely access to appropriate support, particularly talking therapies, is an effective way of promoting emotional wellbeing and relieving mental distress, for people of all ages and backgrounds.

- **Our mission** is to improve access to full range of talking therapies in a timely manner for the whole population.
- **Our vision** is to provide therapeutic & preventative services that help people experiencing emotional distress to make changes in their life, to as wide a group of people as possible.
- **Our values** are to be client-focused, committed, responsive, and supportive.

Northpoint Wellbeing currently provides over 31,000 face-to-face intervention hours annually, to adults and to children and young people, and engages 80+ sessional and employed staff. The organisation has significantly developed its therapeutic work with children and young people and now works in over 130 schools in Leeds.

We deliver therapeutic & preventative services for those experiencing emotional difficulties or distress in Leeds, Calderdale & surrounding areas. We provide a safe space in which disturbed or difficult emotions can be expressed, contained, and considered.

We deliver services which help people to:

- Better understand the issues they are experiencing
- Consider choices and solutions open to them
- Take steps towards making changes

Our services include:

- A Tier 2 CAMHS service in Calderdale
- A commissioned NHS IAPT (CBT and Counselling service) working in partnership with NHS Leeds Community Healthcare, Touchstone, and Community Links
- Counselling to parents/carers in children's centres in disadvantaged areas of Leeds
- Counselling for pupils and parents in selected schools and clusters across Leeds
- A group therapy service (through Leeds Group Therapy)

The organisation operates to high professional standards, is an accredited service of the British Association for Counselling and Psychotherapy and works to the ethical frameworks of BACP and BABCP.

The organisation has achieved Investors in People accreditation and is seen as seen a good employer. Staff turnover is low and staff satisfaction levels are high.

Further details of the organisation and its work can be found on our website at www.northpoint.org.uk/